



These daily readings leading up to Easter will reflect on conversations Jesus had during his ministry. As you read God’s word, keep a note of what God says to you and what your response is to him.

The daily readings tie in with the Sunday teaching series and with studies in small groups. Alongside this are a series of questions as prompts for reflection in 2s or 3s.

“May God the Creator bless us. May God the Son walk with us. May God the Spirit lead our lives with love.

May the blessing of the One who was, and who is and who is to come be upon us all - redeeming our past, filling our present and lighting up our future.”

A Celtic blessing

<p>Day 20 Mon Mar 20th</p>	<p>Sustenance – Jesus said “I am the bread of life” Read John 6:22-40 Jesus speaks to the crowds who remain in awe of the miraculous provision of bread to the huge numbers who had gathered the previous day. He urges them to recognise and explore their deeper needs and not just focus on the physical ones. He’s saying that he’s essential for our spiritual life & sustenance. By referring to the miraculous provision by God of manna for his people during their desert wanderings centuries before, Jesus is again asserting that he has come from God. Believing in Jesus means placing our faith in the fact that he is who he says he is, that he will do what he says he will do, and that he is the only one who can. Jesus has the resources to meet all our needs. As bread needs to be eaten so it can sustain us, so we need to invite Jesus into our daily lives to sustain our spiritual life. As we open our hearts to him, give thanks for the promise of v37 “whoever comes to me I will never drive away”.</p>
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