



Watch this video...

<https://www.youtube.com/watch?v=BS8-Plfg8rE>

Were you surprised about the children's choices?

How do you think you would have acted if you were their age?

What kind of things would be tempting to you now?

We all get tempted. As you saw in this video, and in the video of Jesus being tempted, every human faces temptation, no matter their age. Jesus was tempted by Satan by the thought of power and owning everything he could see, the children were tempted by looking in a cupboard that they shouldn't.

Have a think about the ways you get tempted...

- (if you're stuck, maybe think about when you feel tempted to lie or to take the last biscuit rather than give it to someone else...)

Think about when you might be tempted by the wrong thing, rather than what God wants you to do...

- (If you're stuck, what about if you've not gone over to someone who looks lonely, or saying something mean to someone instead of being nice...)

Thankfully, God protects us and helps us to not give in to the temptation, just like Jesus did! And God also forgives us when we give in to the temptation.

Why not memorise some of those Bible verses (Ephesians 6:10; Galatians 6:9; Philippians 4:8; Psalm 28:7), you could even write it out, and next time you feel tempted, try saying one of these instead and ask God to help you do the right thing.

