



What does the incarnation teach us about our lives?

Dec 1st '19

1. We started by talking about how we need to pray for all those involved in the General Election. Part of being involved in a democracy is that we can express our views on issues. What do you think we should do, as Christians, to get better at disagreeing *well*? How can we discuss and debate political issues within the church / small group without falling out with other? Do you think that you are someone who is "quick to listen, slow to speak and slow to become angry" (James 1:19)?

2. Jesus became a human being. Make a list of the things you think this teaches us about our lives.

How does our culture view our physical bodies? Identify where these ideas are at odds with what the Bible teaches. What *does* the Bible teach?

Read 1 Corinthians 3:16 & 6:19-20. How does believing this change the way we live?

3. What can we learn from Jesus about how we can live lives that please God? Read Hebrews 2:14-18 & Hebrews 4:14-16. What do these verses teach about what Jesus has done to remove the guilt, the penalty and the power of sin for us? In what particular areas of life have you found strength from knowing that Jesus understands what you're going through?

4. As well as learning from Jesus about how to get deeply involved in life without compromising, we also looked at His example of managing emotions & stress well, living with a clear purpose, and keeping close to God.

What stands out for you in each of these areas?

What difference will the things we've discussed together this evening make in our lives this week?

Spend time praying for some of the opportunities over the next few weeks to invite friends & family to church.

Give thanks for those who trusted the Lord as their Saviour at Alpha last week.