

Four Zero

Questions for Further Study

Week Four

“My God, My God, why have you forsaken me?” Matt 27v46

Introduction

This week’s study is based on the foundation that Jesus turned to the Bible (Psalm 22) when His work was at its most difficult. We are encouraged to draw strength, wisdom and power from Him to cope with our most difficult times.

Questions

1. Can you think of examples of people in the Bible who faced dark moments in their lives? What did they do? (*Examples might include David – Psalms written in dark moments, Job – cried out to God, Paul – thanked God*)
2. In his darkest hour, Jesus knew and used the Bible. Read 2 Tim 3 v16. What ways have you found this to be true? What other examples can you think of where Jesus prayed, cried out or quoted Scripture when facing difficult moments? (*Examples might include, Luke 4 v1-13, Matt 21 v12-13, Luke 22 v 39-44*)
3. What is the answer to Jesus question? (*This is exposing the sin of his hearers and reaffirming God’s rescue plan.*) Are there tough questions you need to ask at work? How can

you use Jesus example to help you? (*What are your motivations? What spirit are you approaching the issue in? Is there a desire for justice, rightness and wholeness? Are you acting in love?*)

4. Why was Jesus alone at this point? (*Reflect on the fact that he was doing God's will and not pleasing people. Remind people that this was something only he could do – there is no other name by which we can be saved. Sin separated him from his holy Father.*)
5. Do you have any examples of standing alone for what is right in your own work situation?
6. How did you cope in that situation? What did you do?
7. Read 2 Cor 1 v3-5 and James 1 v2-4. How can this encourage us if we are going through dark times, or facing tough battles at work?